



ROCK ON.



May 2019

For a full schedule of events, workshops and classes, visit www.rockfishcc.org

From Executive Director Stu Mills

Hurray! Hurray! The First of May! (you know the rest...)

We were licking our wounds a little bit last night, having just canceled our Hoop Dreams Tournament this Saturday due to not enough team registrations, and facing the prospect of returning the event sponsorship money that Bold Rock Hard Cider had once again donated for the event.



Well, Bold Rock has helped us heal those wounds in a big way, by allowing us to set aside the sponsorship money for use in maintaining and improving the basketball court down the road. It may come in handy real soon, in fact, as we begin the court lighting project within the next few weeks. Hearty thanks and a huge tip of our hats to the folks at Bold Rock for their wonderful generosity!

Spring always makes me look forward to the outdoor event season, but this year is going to be exceptional, with a rejuvenated "Celebrate Rockfish" (can't wait to hear Orquesta Tropikiimba!), another amazing "SK8 Nelson" competition and party (with FOUR bands!) and a whole slew of community concerts and movies in the Blue Mountain Pavilion. Just take a peek inside - the event lineup is just amazing starting this Saturday!

Oh, and speaking of Saturday, don't forget to celebrate Star Wars Day - May the 4th (be with you)!

Thanks, as always, for all you do for the Rock!

Stu

Enrichin' the Kitchen!

The Rock's "volunteer corps" has been hard at work over the past couple of months, gutting the kitchen and prepping it for improved wiring, septic and plumbing, brand new walls, floors, shelving and re-conditioned equipment. As with most renovation projects in an 80-year-old building, the scope of this project quickly became much larger, more expensive, and more time-consuming than we had originally envisioned. What began as a need to repair the floor and do some basic renovation quickly became a total gut-and-rebuild job.

We're still hoping to re-open for our first Pancake Breakfast on July 6th. If you have some free time and can lend a hand, we could really use some extra help. Bob Yoder, Joe Centofante, Gifford Childs, Henri Weems, Charlie Hickox, Bruce Wachtel, Heidi Cochran, and Andrew Crane have been donating an astounding amount of their time to this project, and while their spirits are indomitable, their time and energy are not without limits. The more help we have, the faster we can get this job done, and the faster we can get Pancake Breakfast up and running again!

If construction and manual labor aren't quite your speed, our "Enrichin' the Kitchen" fund-raising campaign is already up and running, and we still need your help. We're thrilled to tell you that every dollar you donate now is **doubled**, thanks to an awesome \$20,000 matching grant offer from the Perry Foundation! We've raised \$8,000 of the \$20,000 needed for the Perry Foundation to match our fundraising efforts, so we still have \$12,000 to raise in order to secure that grant money and meet our \$40,000 project goal.

Please take a minute to click the "donate" button if you can, or visit the "Enrichin' the Kitchen" donation page at [rockfishcc.org!](http://rockfishcc.org/)



DONATE HERE

[HTTPS://WWW.ROCKFISHCC.ORG/
ENRICHIN-THE-KITCHEN/](https://www.rockfishcc.org/enrichin-the-kitchen/)



Saturday, May 4: Bing Futch in Concert

Saturday, May 4, in the Rockfish Lounge. Show starts at 7:00pm. \$15 general admission, \$10 for RVCC members and Blue Ridge Mountain Dulcimer Club members.

"He plays the dulcimer like Jimi Hendrix. He has this ability to communicate a sensual energy when he's on-stage" - Florida Folk Festival

You never know what's gonna happen next at a Bing Futch show. Using Appalachian mountain dulcimer, Native American flute, ukulele and a pedal board equipped with a loop station, he deftly navigates the varied waters of traditional and modern Americana with passion, wit and a genuinely huge heart for sharing music with a crowd. His casual way with any audience, coupled with a fierce originality on the lesser known mountain dulcimer, makes each show a one-of-a-kind and good-timing romp. As a nationally touring solo performer he's headlined at such events as The Walnut Valley Festival, The Florida Folk Festival, Old Songs Festival, Indiana Fiddlers Gathering, The Big Muddy, Kentucky Music Weekend and Common Ground On The Hill.

In 2016, Bing competed in the 2016 International Blues Challenge and was named "Best Guitarist" in the solo-duo category, *despite competing solely on the mountain dulcimer!* Listen and learn more: www.bingfutch.com.

Saturday, May 11: Walk Through Western Civilization "End of Semester Prom!"



To celebrate their completion of the spring semester for their Rock University "Western Civilization" Adult Continuing Education course, the class will gather for a dance party in the Auditorium on Saturday, May 11, from 7:00 to 10:00. Those who missed a chance to attend a prom earlier in life or who want to relive the thrill are encouraged to come appropriately attired. All are welcome to come-as-you-are for a night of fun and fellowship. Live dance music will be provided by the party band known as Breeze. Drinks and party favors will be provided, but snacks provided by class members would be appreciated. In appreciation for the Center's support over the past year, the class invites any RVCC member to attend, especially any who have participated in the Rock U classes. If you would like to attend, please RSVP to Dr. Mitchiner: c3jim41@yahoo.com.

Fri., May 17: House Concert w/Dr. Levine & the Dreaded Blues Lady



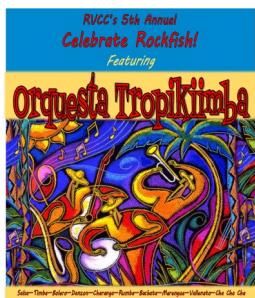
Dr. Levine and The Dreaded Blues Lady is comprised of Lorie Strother on vocals and Stephen Levine on guitar. This energetic duo performs a diverse selection of acoustic music styles. Though blues is their focus, they also sometimes surprise audiences with Jazz, R&B, Soul, and Classic Rock tunes.

Lorie Strother has been performing and recording her interpretation of acoustic blues since the early 1990s. Corey Harris has called Strother "a real blues woman [who's] got soul," Carl Larsen of the Daily News Leader states that Lorie "sings the real true blues with a big booming, bluesy voice." Stephen Levine is a historian at the University of Virginia who studies and teaches about the evolution and cultural significance of blues music. Levine started playing the guitar when he was eleven years old; after his first listen to Robert Johnson's Crossroad Blues, he became obsessed with classic pre-war blues. The show starts at 7:30pm, in the Rockfish Lounge. \$7/members, \$9/non-members. Refreshments available. To listen and learn more, visit www.dreadedblues.com.

Saturday, June 8: Celebrate Rockfish—w/Orquesta Tropikiimba

5:00pm—9:00pm, at the Blue Mountain Pavilion. Food & Brews by Blue Mountain Brewery and Rockin' Scoops Ice Cream. Salsa lesson 5pm—6pm, kid-friendly activities, and more!

\$5 admission, kids under 12 free! Get FREE admission with the purchase of a 50-50 Raffle Ticket!



ORQUESTA TROPIKIIMBA is one of few authentic Afro-Caribbean Orchestras in the Virginia, Maryland, and Washington D.C. area. There's so much more to the music of the Caribbean Islands than what most people perceive. Each style is distinctly different and more exciting than the next. Tropikiimba's specialty is Afro-Latino music, which is guaranteed to get people on their feet and dancing; For example: Salsa, Timba, Songo, Bolero, Danzon, Cha Cha Cha, Charanga, Rumba, Bachata, Merengue and Vallenato. Check out Tropikiimba Here: <https://www.tropikiimba.com/>

RVCC's 50-50 CASH RAFFLE Tickets available now! 1 ticket for \$20, 3 for \$50, or 7 for \$100!

Winner takes 50% of total ticket sales—you need not be present to win!

Click here to get your tickets from rockfishcc.org, or visit the RVCC Office or the Treasure Chest Thrift Store.

Celebrate Rockfish is sponsored by Blue Mountain Brewery and Mountain Area Realty. Orquesta Tropikiimba is brought to us with the assistance of the Virginia Commission for the Arts and private donors.

Saturday, July 20: Save the Date for SK8 Nelson!



4pm—9pm

At the Blue Mountain Pavilion

5TH ANNUAL SK8 NELSON FESTIVAL!

A fundraiser for Nelson's only skate park—help RVCC keep the park open!

The annual SK8 Nelson Festival helps us raise the \$4000/year liability insurance premium required to keep the SK8 Nelson park on our grounds. The Festival features the MinPin Memorial Skate Jam, best trick competitions, skate lessons, raffles and more!

Admission is just \$5/person—kids under 12 get in free.

\$5 entry fee for skate contest with cash prize.

Skate Jam starts at 4pm—Music begins at 5pm.



Can't come
to the festival?

Donate at

[www.rockfishcc.org/
support-sk8-nelson](http://www.rockfishcc.org/support-sk8-nelson).

LIVE MUSIC



SHAGWUF

THE FALSIES

**7TH GRADE
GIRLFIGHT**

THE BLNDRS

FOOD & BEVERAGES



The Treasure Chest Thrift Store

The Treasure Chest Thrift Store has been a source of financial support for RVCC since its opening in 2001. The store also performs many essential services for the Community. This is a place where people can recycle and find all types of gently used items. In addition to serving the many shoppers, store staff and volunteers offer a more quiet service. On a daily basis people's needs are met whether or not they are able to pay.

Most of what is culled from the inventory goes to another organization that serves the low-income populations of Nelson and elsewhere.

Treasure Chest Hours

Tues.—Fri.: 10am—4pm

Saturdays: 9am—3pm

Call 434-361-0103

Every Day is Bag Day!

The Treasure Chest Thrift Store is bursting at the seams, and that means big savings for our customers! Every day, you can fill a bag of regularly-priced clothing, belts, shoes, purses and scarves for just \$10.00! **PLUS: Get 20% Off Boutique items every Saturday!**

Donations and Consignment Items Accepted During Business Hours!

We greatly appreciate your generous donations of items that are in immediate re-sale condition. [Visit the Treasure Chest page](#) on our website for a complete list of acceptable items and information about consignment terms.



Fridays, 10:30 am—12:30 pm: Find Your Style!

Come in for a complimentary styling with Mary Beth, our Fashion Maven! She can help find you something in your style AND your size, and she can even help you accessorize!

The store changes every day! Come check out our new layout, new items, and new displays!

RVCC members get 10% off every purchase, every day!

Community Events at RVCC

Saturday, May 11: Reiki Level 1 Class



9am—5pm, in Rockfish University. 7-Hour course, open to the general public. Receive Reiki Level 1 certificate, personal Reiki Lineage Manual, and if you are a massage therapist, you will receive 7 CEs. Reiki is a gentle yet highly effective ancient energy healing technique originating in Tibet, rediscovered and fostered by Mikao Usui in Japan. It has gained great popularity in recent years for pain and anxiety relief and has been used in hospital settings. Reiki imparts a great sense of well-being.

This class will enable you to immediately practice Reiki on relatives, friends and even pets. It is the prerequisite for Reiki Level 2 (Practitioner), Reiki Level 3 (Master) and Level 4 (Master-Teacher) should you decide to pursue those levels.

Taught by Carol Quigless, 16 years experience as Reiki Master-Teacher, also Certified Clinical Aromatherapist and Board Certified Massage Therapist.

\$175 if registered by May 9; \$199 thereafter. \$70 non-refundable deposit. Go to www.carolquigless.com for registration.

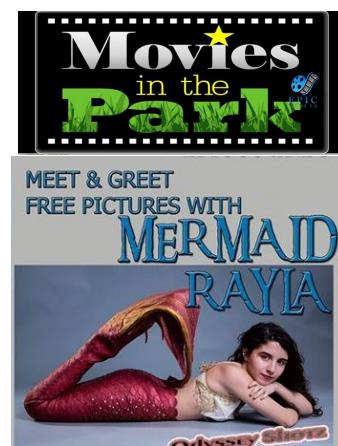
Sunday, May 19: NCCO Spring Concert



The Nelson County Community Orchestra presents "Beethoven, Bizet and Bond" on Sunday, May 19, 2019 at 4 pm, in the RVCC Auditorium. Conducted by Michael Tyree and featuring mezzo-soprano Sydney Ford. Program includes Beethoven's *Symphony No. 1 in C major, Op. 21*, selections from Bizet's *Carmen*, and "Themes from 007" (arr. Calvin Custer.) This concert also includes a performance from the students of the Music Magic String Education Program.

All NCCO Concerts are free and open to the public. Donations to support the orchestra are always welcome. For more information, visit www.nelsoncco.org.

Beginning Saturday, June 1: Outdoor Movie Series—"Movies in the Park"



Save the date for a FREE outdoor screening of Disney's "The Little Mermaid"—with a Meet & Greet and free pictures with Mermaid Rayla!

Gates open at 6:00pm—Pictures 6:30—8:30pm—Movie begins at 8:45pm.

Popcorn, hot dogs, drinks and snacks available. Or bring your own picnic!

No alcoholic beverages allowed. Bring your own blankets and lawn chairs—Pack it in, Pack it out!

Presented by Epic Sounds Entertainment.

Movies in the Park Summer Schedule:

Tuesday June 4: Purple Rain

Saturday July 6: The Sandlot

August 3: TBA

Saturday, June 15: Hurricane Camille 50th Anniversary Commemorative Concert



2:00 pm to 5:00 pm, At RVCC's Blue Mountain Pavilion.

One of a series of programs presented by the Nelson County Historical Society.

Jimmy Fortune and Friends Concert/Program

A concert featuring Jimmy Fortune, Benny Dodd, and Joey Davis. They will be performing Joey Davis' song "The Bypass," written in 1969 following Hurricane Camille and rarely performed publicly. In addition they will be performing a new song "Why Did You Leave Me Camille" about Hurricane Camille. Other local performers will lead off the show with songs about Camille. Food trucks and beverages will be available on-site.

Tickets are \$16/advance, \$20/at the gate. All proceeds will benefit the Nelson County Historical Society's efforts to enhance and maintain the Hurricane Camille-related holdings and exhibits at Oakland Museum.

For more info, visit <https://nelsonhistorical.org>. To get tickets: <https://www.eventbrite.com/e/jimmy-fortune-and-friends-concert-for-camille-tickets-60833304050?utm-medium=discovery&utm-campaign=social&utm-content=attendeeshare&aff=escb&utm-source=cp&utm-term=listing>

Community Events at RVCC—continued

Saturday, June 22: 4th Annual CVBS Blues Festival



The Central Virginia Blues Society is very excited to announce the performers who will be appearing at the June 22, 2019 CVBS Blues Festival, to be held at the Rockfish Valley Community Center in Afton, VA. CVBS has had great performers in the past, but they're especially proud of this year's lineup, which includes some of the best local and regional artists, along with the outstanding French-Canadian Bluesman Mike Goudreau. Goudreau has released 19 CDs, toured internationally and appeared at the prestigious Montreal International Jazz Festival 10 times.

Local food and beverages, vendors, and guitar workshops!

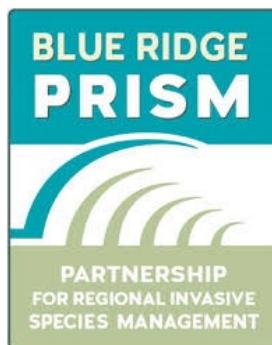
If you would like to volunteer to help at the festival, please contact Dan Kuchenberg at dkuchenberg@gmail.com, and he will get you on the list. CVBS is also looking for sponsors and vendors, so if you're interested in either option, please email info@centralvablues.org — or [CLICK HERE](#) for more information on becoming a sponsor or exhibitor.

With CVBS member tickets priced at just \$15 (\$20 for non-members), this festival will be the absolute blues bargain of the year. Kids under 12 get in free. No coolers or outside food or beverages, please.

Music Schedule

- 3:00-4:00 PM – Eli Cook - elicoock.com
4:15-5:15 PM – The Jon Spear Band - jonspearband.com
5:30-6:30 PM – Mike Goudreau - mikegoudreau.com
6:45-8:15 PM – The Billy Price Charm City Band - billyprice.com
8:30-10:00 PM – The Nighthawks - thenighthawks.com

Thursday, June 20: Invasive Plant Workshop with Blue Ridge PRISM



In Rockfish University. 1—5pm. Non-native invasive plants are quickly overwhelming many properties. These workshops will enable you to learn how to confidently identify and manage invasive plants in the spring.

Topics covered in this session include: Identifying invasive plants; Which invasives you can best kill now; Which invasives you should treat later; Best practices for each invasive; Control methods; and Choosing the right herbicide and equipment. There will also be an opportunity to identify plants, so bring samples of your mystery plants and we'll identify them! Each session includes classroom and outdoor instruction (weather permitting) and discussion.

Register at <https://www.eventbrite.com/e/blue-ridge-prisms-summer-invasive-plant-workshop-at-rockfish-valley-community-center-tickets-58999381739>.

More info at www.blueridgeprism.org.

ONGOING EVENTS

Year-round events, classes, and services at RVCC

Ongoing: Tuesday Ping Pong

7:30pm, in the Auditorium. Two tables, all levels welcome. Contact David Cunningham for more information: 434-882-1011 or davo@telos.net.

German New Medicine Study Group

Mondays, 5:30-7:00pm, in Room 3 (New Health Consultant). This weekly Study Group focuses on the medical discoveries of Dr. med. Ryke Geerd Hamer, *the new paradigm of health and healing*. Each week we will explore the fundamental principles of the New Medicine and how we can immediately apply the principles in our daily lives. The study group is hosted by Dr. Chris Lowther, [a ten year teacher of German New Medicine](#). There will be a short meditation prior to the start of the GNM Study Group. Donations are greatly appreciated at the conclusion of the Study Group. For more information, please visit [LearningGNM.com](#) or call Dr. Chris at 540-255-0026.

Tarot for Life

Tarot is a tool for problem solving and self discovery. The Tarot Lady has 25 years experience as a professional provider in the field of psychology, and has consulted tarot to problem solve and to aid in self discovery for more than 2 decades. Email [ta-rotforlife@yahoo.com](mailto:tarotforlife@yahoo.com) to schedule a session at RVCC.

Fitness & Yoga Classes

Yoga Studio



Our fully-equipped Yoga Studio offers a variety of classes throughout the week, taught by qualified and knowledgeable instructors. No matter what your fitness or experience level may be, there is a class that will work for you.

If you are interested in teaching a Yoga class, please contact the RVCC Office at 434-361-0100 or rockfishcc@gmail.com for more information.

Ongoing Yoga Classes & Updates

Yoga w/Sandra Pleasants, certified Iyengar teacher and ERYT500

Mondays, 9:15—10:45am: (all levels), \$15/class; Mondays 6—7:30pm: Advanced Iyengar, \$15/class; Tuesdays, 10—11:15am: Gentle Iyengar, \$12/class.

Contact Sandra at 434-361-2262 or sandra.pleasants@gmail.com to register.

Integrative Yoga w/ Agnes F. Schrider, physical therapist and certified yoga instructor.

Mondays, 8:00am—9:00am and Wednesdays, 8:00—9:30am.

Agnes integrates her training in physical therapy and anatomy, mindfulness and wellness for a safe and fun class. All level students are welcome. Private Yoga individual and group sessions also available, by appointment. Contact Agnes: agnesvhw@gmail.com. For class schedules, fees, changes in schedule due to holidays, inclement weather etc.) and to read Agnes's blog for wellness tips, visit www.agesyogaworks.com.

Yin Yoga with Rebecca L'Abbe. Mondays 11:15 AM-12:30 PM and Tuesdays 6:30—7:45 PM.

\$72/6 classes or \$14/drop in. First class free for new students. Partial scholarships also available through instructor. Yin Yoga is a slow-paced style of yoga that uses gentle, long-held postures practiced with an attitude of compassionate acceptance to awaken the more Yin (feminine) parts of our physical, emotional and spiritual selves.

Contact Rebecca L'Abbe at rebecca.labbe@gmail.com or 434 466-2696.

For more information about Yin Yoga and Rebecca L'Abbe, visit the Yoga Studio page at rockfishcc.org.

Wednesdays, 6:00pm: Multi-level w/Martina Compton. Contact martinac1959@gmail.com to register.

Thursdays, 6:30pm: Men's Yoga w/Brian Webb. 434-361-9218 or brianpwebb@me.com to register.

Private Yoga Sessions: Have you wanted to try yoga but do not know where to begin? Can't find a yoga class that fits in with your busy schedule? Try a personalized Yoga and Wellness Class with Certified Iyengar Yoga instructor Sara Agelasto. For more info, please contact sara@ihanuman.com or [434-825-5983](tel:434-825-5983).



Core Fitness Synergy Studio

Core Fitness Synergy offers:

Personal & small group training—Core group fitness classes—Core Fusion (power pilates, core conditioning, strength & yoga)—Semi & small group training—Sport-specific training—Flexibility, balance & stretch training—Injury prevention mechanics training—Private & semi private Yoga, Pilates & core training—And “E” Training.

Core Fitness Synergy Promotions:

—Bring a new friend to class, if they sign up, you receive \$50 off of next month's plan of choice!

—Buy 3 personal training sessions, and get 2 free!

—New to class? Try the first class for free, and if you sign up for a plan that day, you get 50% off!

Contact Kelly at whalenkm@vcu.edu or 804-814-9794 for more class info and registration.

For more info about Core Fitness Synergy, visit corefitsynergy.com.

Commercial Kitchen for Rent

The kitchen at RVCC, formerly home to Claudia Gibson Catering, will be available for rent beginning this summer. Our 600sf kitchen is currently being renovated and updated to comply with all Health Department requirements, and will be available for occupancy by July 1.

The ideal tenant for our kitchen would be either a single tenant who needs a commercial kitchen to advance their business, or a partnership between two or three small businesses who need supplemental kitchen space on a part-time basis.

A tenant who would also like to feed a LOT of hungry people who miss being able to get lunch and breakfast at RVCC would be highly desirable.

If you are interested in the kitchen and would like more information about rental rates and conditions, please contact us at rockfishcc@gmail.com, or stop by the RVCC Office.

Concession Stand Available for Rent

If your food service dreams lean more toward retail or production, or if you are in need of a workspace with a water supply, you may want to consider the RVCC Concession Stand. The Concession Stand was home to ULA Tortilla for several years, and has served as a satellite market location for Old Orchard Farm for the past two years. Beginning this May, the Stand will again be available for rent.

This space has the potential to be an artist studio, a food production facility, a pickup or production location, or pretty much whatever you might want to do with a quiet work space.

For rental rates and more information, please contact us at rockfishcc@gmail.com, or stop by the RVCC Office.

The Rockfish River Gallery of Fine Art & Exquisite Crafts

New at the Gallery:

- ◆ 50% off all Decorative Decoys by acclaimed bird carver Rudy Burnett (who turns 85 this year!)
- ◆ Wonderful creative walking sticks--Surrealistic art--Steam Punk art—Plus new work by Tom Wilkinson and Russell Fisher, new soaps from Patty Seihein, and more books and CDs in the Quiet Room!

The gallery offers a wide selection of artwork, crafts, jewelry, soaps, textiles, sculpture, books, music, cards, pottery and much, much more. Need a moment to gather your thoughts? Come sit for a bit in the Gallery's Quiet Room, and explore books, music, and artwork by local artists.

The Gallery and the Quiet Room have new hours! Tuesday through Saturday, 10 am – 4:00 pm.

www.rockfishrivergallery.com, or call 434-294-4668.

Susan Gorman—Custom Glowforge Projects

Susan Gorman of Derby Vixen is now the proud owner of a Glowforge desktop laser. It can be used to cut and etch a number of materials such as glass, paper, leather, acrylic, wood, slate and more! More info: www.glowforge.com. Email questions to susancpv1@mac.com or stop by Room 8!

Full Circle Salon

Tammy Huffman, Stylist. Color, cut, styling, & facial waxing. By appt: contact Tammy (434) 529-7180.

Trager Brothers Coffee

Certified organic micro-roastery. Hours: Monday through Saturday 7:00am—6:00pm; Sundays 9:00am—4:00pm. Contact TBC at 434-263-8916 or info@tbcroasters.com.

Virginia Rock Shop

Rocks, fossils, and jewelry from Virginia and worldwide. Hand cut and polished stones and handmade jewelry. Jewelry Repair, watch battery replacement. **Normal hours: Tues—Sat. 10am--5pm, Sun. 12--5pm. 434-981-1897 or VaRockShop.com.**

Therapeutic Massage by Alyssa Kartheiser, LMT, MMP

By appointment in Room 3, New Health Consultant Studio. Licensed massage therapist in the state of Virginia and Board Certified by the NCBTMB, specializing in Swedish Massage, deep tissue techniques, craniosacral therapy, and aquatic bodywork. By appt: 540-836-9288 or lyssaat@hotmail.com.

Zero Balancing w/Elizabeth Martin

Elizabeth Martin, RN, BSN, Certified Zero Balancing practitioner and Faculty member. Holistic practitioner with 30 years of varied professional nursing experience and more than 20 years experience as a Certified Zero Balancing and meditation practitioner. By appt. (434-426-4578) or ZBlizzie@gmail.com.

New Health Consulting with Christopher Lowthert, D.C.

Chris Lowthert, D.C. of New Health Consultant (located in Room 3) is an experienced local chiropractor offering gentle and holistic support for your natural health needs. By appt: (540) 255-0026 or DrChris@LearningGNM.com.

ARTISAN & STUDIO DIRECTORY

Peter Agelasto &
Richard Averitt
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[Derby Vixen](#)

David Lipscomb:
[Virginia Rock Shop](#)

Sassafras Studio—An
Afton Art Guild

Chris Lowthert
[New Health Consultant](#)

[Rockfish River Gallery](#)

Kelly Whalen
[Core Fitness Synergy](#)

[Trager Brothers Coffee](#)

Tammy Huffman:
[Full Circle Salon](#)

Elizabeth Martin:
[Zero Balancing](#)

Colin Winter
[Woodrow Wilson National Fellowship Foundation](#)

OUR TEAM

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Manager Catherine Dunne

Assistant Managers Betsy Greenleaf & Eleanor Massie

Groundskeeping

Creation Appreciation

Custodian

T&E Cleaning

COMMITTEES

All of these Committees are entirely composed of volunteers, and we can't keep this place running without them!

Building & Grounds: From small repairs to large improvement projects, the B&G Committee literally keeps our 80-year-old building up and running!

Development: From planning fundraising events to strategic planning, DevComm keeps our organization vibrant & growing.

Music: The Music Committee plans and runs our House Concert series, and develops music programming at RVCC.

Art: The Art Committee works with local artists to schedule quarterly art exhibits and artist receptions in the Auditorium.

Public Relations: The PR Committee helps us promote events, programs, and fundraising activities to increase awareness of our organization and its mission.

Get involved, and make a huge difference without making a huge time investment! Contact us today!

CURRENT FUNDRAISING EFFORTS

"Enrichin' the Kitchen"

RVCC's fundraising campaign to fully renovate the kitchen. More info on page 1.

<https://www.rockfishcc.org/enrichin-the-kitchen/>

"Reduce the Refuse"

Our fundraising campaign to install recycling stations for glass, plastic, and cans around the building and grounds, and install a water bottle refill station to reduce the number of plastic water bottles used at our facility. \$4000 needed.

<https://www.rockfishcc.org/reduce-the-refuse/>

"Support SK8 Nelson"

Our annual fundraising campaign to raise the \$4000 insurance premium required to keep Nelson's only Skate Park on our grounds. See page 3.

<https://www.rockfishcc.org/support-sk8-nelson/>

HOW COMMUNITY HAPPENS

- ◆ Volunteer for a Pancake Breakfast, a workday or an event, or take a class—be a regular at The Rock!
- ◆ Donate to a Fundraising Campaign or Sponsor an Event—be here in spirit even when you can't be here in person.
- ◆ Become a Member—and let your voice be heard.
- ◆ Spread the Word—networking brings people together. If you like what we're doing here, tell someone about it.
- ◆ Give Us Feedback or Join a Committee—whether it's praise, a suggestion, or a complaint, we want to know. Help us shape a better community for you.



The Rockfish Valley Community Center

190 Rockfish School Ln, Afton 22920

434-361-0100 | Www.rockfishcc.org | rockfishcc@gmail.com

Treasure Chest: 434-361-0103

Volunteers and new members are always welcome!

For more information about businesses, activities and events at RVCC, visit www.rockfishcc.org.

To receive this newsletter by email, please look for the "Subscribe" form on the front page of our website.